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SERIOUS
EXHORTATIONS
TO THE
PRACTICE
OF
Religious Duties,
BOTH
Publick and Private.

With Some Particular

PRAYERS.

L O N D O N :

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A SERIOUS
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Religious Duties.

Both Publick and Private.

He Persons for whom this Exhortation is design'd, and may by God's Blessing be in some measure useful, will come under one of these Two General Characters: They are either as want, or such as have a serious Sense of Piety Virtue; such as are careless of, or such as are Con- in Religious Duties: This Address is offer'd to both Parties, but first and chiefly to those that are cold and indifferent in matters of Religion; who believe there is a God, yet seems scarce to have in their Thoughts, nor to desire any Acquaintance with his ways: whose behaviour and course of Life is as if God were worthy of little or no Honour from them or were nothing at all to them: To these I shall now speak.

4 *Of the Necessity and Obligation* Sect. I

I. To represent the necessity and obligation they are under, to live in a steady Practice of Religion in General.

II. To persuade you constantly to frequent the Assemblies for Publick Worship

III. To a frequent receiving of the Lord's Supper.

IV. To a Religious observance of the Lord's Day.

V. To the Practice of Family Duties, such as Praying in, and with your Families, Reading good Books, and especially the Holy Scriptures, and Catechizing and Instructing those that are under your Care, whether Children or Servants.

But before I press these Particular Practices of Religion upon you, 'tis but fit I declare to you what is meant by Religion in general.

By Religion then is meant, the sincere observance of all those Duties to God, our Neighbour and ourselves, which by the Divine Law (what ways soever made known) Mankind, and especially Christians, are obliged to.

Sect. I. Now my Business shall be to shew, that Religion thus stated and extended, is that which all Men, especially Christians, are bound to, for the following Reasons.

1. Because Mens own Nature requires this of them.
2. Because God's Divine Authority calls for it.
3. Because their present and future Good depends upon it.
4. Because Christians Baptismal Engagement solemnly binds them to it.
5. And lastly, because 'tis this kind of Religion, only this, that God in his reveal'd Will has prescribed and established.

1. It is that which your own Nature obliges you to. That which makes you Men, does qualify you to Reason. That Reason and Understanding which is your Gift, and which you Glory and Pride your selves so much in, when you feel the Advantages of it in a good management (as you call it) or a discreet management of your worldly Affairs: This Reason, I say, does capacitate you for a nobler way of Living, than either Brutes

Sect. I. *of the Practice of Religion.*

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Beasts are made for, and was never intended you, only to be imployed in the vile drudgery of your Bodies. It was given you for higher Ends, and Purposes than any that relate to a Mortal Life, and it capacitates you to know God, and to discern between Good and Evil; to know the Divine Perfections, and what is due to so excellent a Being; to know your selves, and what way of Life is most for your Comfort and Advantage; And your own Consciences within you tell you, that you cannot live like your selves, unless you thus imploy your Reason. *i. e.* unless you live Religiously, To fear God, that is Wisdom, and to depart from Evil that is Understanding, Job 28. 28.

2. This is it which God's Authority calls for. He is your Creator and Sovereign Lord; and therefore has the greatest Right to your Obedience. For nothing can be more equal than that He who made you, should Govern you; and that He who Governs you, should be honoured by you. A Son Honoureth his Father, and a Servant his Master, *i. e.* those Relations do oblige Men to these Duties; And if I be a Father, saith God, Where is my Honour? And if I be a Master, where is my Fear? Mat. 1. 6, 11. If I be the Author of your Beings, and in that Respect your Father, Why do you not pay me the Duty that belongs to a Father? And if the whole World is mine, and in that Respect you are under my Authority and Government; is it not meet that you should behave your selves toward me, as Servants do towards their Lord? Thus Holy David enforces the Duty of Serving God from this Consideration. Know ye, that the Lord he is God, it is he that hath made us, and not we our selves, we are his People, and the Sheep of his Pasture. Psal. 100. 3. And for the same reason all the Duties of Piety and Holiness, of Justice and Charity are strictly to be observed; because in doing these things we do the Will of God, and Honour his Nature and Authority.

3. It is that which your own present and future Good depends upon. For Godliness, as St. Paul saith, is profitable for all things, having the Promise of this Life, and of that which is to come, 1 Tim. 4. 8. It is the wisest

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course that a Man can take for the succeeding in all his Just and Honest Undertakings, the best means to advance a Man's Fortune, and the surest way to preserve Health and to prolong your Days. VVould you gain that Credit that you find in many cases would be very serviceable to the prospering your Affairs, and succeeding in your Aims; Be Just and Honest, True to your VVord, and Faithful to all your Promises and Engagements. For these are Virtues that all Men feel the benefit and necessity of, and therefore have always a high Esteem of those that are Friends to them. Would you enjoy an undisturbed Peace, or thrive in your Estate, or have Health in your Bodies, and Marrow in your Bones; These are the Fruits of Righteousness and Temperance, of Purity and Chastity, and the like Virtues. And above all, it is the only thing that can qualifie us for the Presence of God, and the Sociery and Hallelujahs of Angels. A Man may probably make a tolerable shift in this VVorld without it. He may by Craft and Deceit, gain himself a Fortune in the VVorld; but he cannot go to Heaven any other way than by living Soberly, Righteously, and Godly in this present VVorld. *Blessed is the Man, saith the Psalmist, that feareth the Lord, that walketh in his Ways; For thou shalt eat the Labour of thine Hands, happy shalt thou be, and it shall be well with thee, Psal. 128, 1, 2. His Seed shall be mighty upon Earth, the Generation of the upright shall be blessed: Wealth and Riche; shall be in his House, and his Righteousness endureth for ever. Her ways are ways of Pleasantness, and all her Paths are Peace. She is a Tree of Life to them that lay hold upon her, and happy is every one that retaineth her, Prov. 3. 13, 16, 17, 18.*

4. It is that which your Baptismal Engagement binds you to. For when you were admitted into the Church of Christ, i. e. the Sociery of Men, which by virtue of a Divine Covenant have Fellowship with the Father and Son, you did oblige yourselves to the Laws by which this Sociery is govern'd; and subjected yourselves to him who is the Head of it: You solemnly promised and vowed to renounce the Devil and all his VVorks, the Pumps and Vanities of this wicked VVorld.

Sect. I. *of the Practice of Religion.* 7

World, and all the sinful Lusts of the Flesh, and to keep God's Holy Will and Commandments. And unless you will declare, that you promised deceitfully, you are not at liberty to chuse the way you will walk in; for you have chosen your way already, and are bound by Engagements to serve the Lord. You may indeed renounce him, that you subjected your selves to, and go from the ways you have oblig'd your selves to walk in, as every wicked Christian does: But you cannot do this without being false to your Promise, and a breach of the most solemn Engagement that you can possibly be under. For as St. Peter saith, Baptism is the Answer of a good Conscience to God, and is no otherwise saving than as we are sincere in our Engagements, 1 Pet. 3. 21. And therefore St. Paul saith, *We are buried with Christ by Baptism into death, that like as he was raised from the dead by the Glory of the Father, even so we also should walk in newness of life,* Rom. 6. 4.

5. It is that alone which God in his revealed Will has prescribed and established. The Religion that he gave the Jews by Moses, and especially that which he has instituted by his Son, to prefer works of Piety and Holiness before thousands of Rams, and ten Thousands of Rivers of Oil. He hath shewed thee O Man what is good, i. e. by Revealing his Will unto thee; And what does the Lord thy God require of thee but to do Justice, to love Mercy, and to walk humbly with thy God, saith the Prophet Micah to his ancient People the Jews, altho' their Religion was by God himself made to consist much in External Observances, Chap. 6. 8. And in the New Testament St. Paul tells us, *That the Grace of God which brings Salvation, has appeared unto all men, teaching us, that denying ungodliness and worldly lusts, we should live Soberly, Righteously, and Godly in this present evil world.* Tit. 2. 11, 12. And if you read the Scriptures with care, you may observe quite through them, that there is nothing he sets so much value upon, as a Pious and Holy Life. Here it is that he calls upon all Men to Repent, and amend their doings, that iniquity may not be their ruin; to turn to the Lord their God, and to bring forth fruits meet for repentance, that they may

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may find Mercy with God ; to cease to do evil, and to learn to do well, to put off concerning our former Conversation the *Old Man*, which is corrupt, according to the deceitful Lusts, and to put on the *New Man*, which after God is created in Righteousness and true Holiness. This is the Religion which the Gospel teaches, and which it assures us, there is no Salvation without

Having now offer'd you some Considerations to perswade you to a sincere Regard to the *Practice of Religion* in general, I proceed to the second Section.

Sect. II. To perswade you constantly to frequent the Assemblies for publick Worship; and that not only on the *Lord's Day*, when you Rest from your Labour ; but at other times, as oft as you have an Opportunity, if you be not otherwise hindred by any business of pressing necessity. But I beseech you, do not pretend the urgency of your Affairs, to excuse you wholly from this Duty on Holy Days, or other times in the Week. For give me leave to tell you my Thoughts freely, that if you never do this, it looks a little suspiciously that something else than Business is the cause of it. Your way of Life may be toilsome and Laborious, and for that Reason I will grant you, that God expects less from you than from those that have more leisure : But when I say he expects less, do not think that your multitude of business will excuse you, if you pay him no Service at all. For it is easily to be observed, that there are none of you so busy, but you can find time to spend ill. And is it fit that you, who sometimes in the very throng of your Business, can spare an Hour to treat your Friend in an Alehouse, should tell the World, you have no leisure at all to Assemble with your Brethren in the House of God ? No, assure your selves, this will not excuse you ; for though he expects less from you on the account of your way of Life, yet he looks for more than any Friend ought to claim. For,

1. Remember that you are under great Obligations to do this.
2. It is highly Just and Reasonable you should.
3. It is highly necessary on your own Account.

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1. Remember that you are under great Obligation to do this both as you are his Creatures, and live upon his Providence. If you think your Lives and Beings to be worth an acknowledgment, to whom should you make your acknowledgments; but to him that made you? And if it be a Matter of any Consideration with you, that you are daily supplied with Food, and the other Conveniencies of Life; that you are preserved from innumerable Evils, and those too, many times such as you did not foresee, and if you had, were out of your Power to prevent; and that you see a good Event of your Counsels, and eat the Labour of your Hands; Are you not bound to look up to him who opens his Hand and fills you with your Plenteousness? Who neither Slumbers nor Sleeps, but VVatches over you, when you can no longer watch for yourselves?

But if you think for these and the like Blessings, as they respect your selves alone, you can in private make your acknowledgments. I grant you are bound to do so; but yet not to excuse you from your publick Duty. For, Holy David makes this a Reason why we ought to come into his presence with Thanksgiving, *O come let us worship, and bow down, and kneel before the Lord our Maker, for he is our God, and we are the People of his Pasture.* Ps. 95. 2, 6, 7. And accordingly it was his own Practice for those particular Favours, that God blessed him with: *What shall I render unto the Lord for all his Benefits toward me? I will pay my Vows in the presence of the People,* Ps. 110. 12, 14. So, because God is so Good, as to succour and relieve the Afflicted, he declared, that his Praise should be of him in the great Congregation, Ps. 22. 24, 25. But besides, hast thou not innumerable publick Blessings that thou oughtest to be thankful for? Dost thou not enjoy the same Peace and Plenty, and share in the same Deliverances, and reap the same Benefit from the fruitful Seasons, that he gives, as the rest of thy Neighbours do? And is it not meet, that thou shouldst assemble with them, to Bless and Praise the Lord for the Blessings that thou receivest in common with them? And,

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2. It is highly Just and Reasonable, that you should thus serve the Lord, For,

1. If it be reasonable to Honour and Praise, to Reverence and Adore him at all, it is but just that we should give him as much Honour, as is in our Power. Now it is certain that the more publicly we Honour him, the greater is our Honour; for he who publishes his Reverence and Esteem, and lets the VWorld see, that he accounts him worthy to receive all Glory and Praise; does Honour him at a higher rate, than he who only thinks honourably of him, or worships him in private.

His transcendent Excellency, and the Perfections of his Nature are good Reasons, why all the World should bow themselves before him; and are the Reason, why the Angels in Heaven do fall down before his Throne. And is there any Reason, why Man, who is but Dust and Ashes, should not do what the Angels do? VWhy should you be exempt from a Duty, that they perform with the greatest Chearfulness? Are you too high to Reverence him, who is adored of perfect Spirits? Is it too much for such as you to own the infinite Perfections, and to proclaim the Excellencies of God, when this is the constant Employment of Beings so much above you, and who stand in less need of the Goodness of God than you, having fewer Infirmities, and none of that Vanity and Sinfulness, that belong to your Nature?

VWould you consider, what he is in himself, and what he is to you, you would stand astonished at his Majesty and Greatness, his Almighty Power and infinite Goodness; and yet while you neglect his Publick Worship, you behave your selves towards him, *as if you were ashamed to own him before Men.*

2. It is but just, that you should do, what in you lies that others may honour him, as well as you. If you do not this, you are wanting in a Duty that Justice obliges you to; for so much Honour as he wants through our neglect of him, you detract from him: Upon this Reason you are bound to publish his Praise, and speak good of his Name, that you may propagate your esteem

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of him, and others may learn of your Example to think and speak as Honourably of him, as you do. Let your Light, saith our Saviour, so shine before Men, that they seeing your good Works may Glorify your Father, which is in Heaven, Mat. 5. 16. And as oft as you neglect to do this, you seem to grudge him that universal Esteem and Reverence that he ought to have in the World. Did your Children shew you no respect in Publick, you would not think their private Respects a sufficient discharge of their Duty; or that that Son did what he could to recommend you to the Reverence of the rest of his Brethren, who never paid you any before them.

3. It is necessary for your selves. For, if the Providence of God be needful to you, for Success in your Labours, supplying your Wants, and the preservation also of you from Dangers; is it not necessary, that you should be in his Favour, and by all the Ways imaginable to secure his Friendship? Ought not your own discretion in this case to teach you with all Prayer and Supplications, i. e. Publick as well as private, to make your Requests known unto him, without whose Blessing all your Labour is in vain! Surely you cannot think, that you can be at too much pains to procure a Blessing from the Lord, when nothing you do can succeed well without it.

I may add besides, that you are Members of Christ's Church, i. e. incorporated into that Society, which is united together for this Employment. And accordingly it is frequently said of the first Converts to Christianity, that they were all with one accord in one place, Acts, 2. 1. That they continued with one accord in Prayer and Supplication, Chap. 1. 14. That they continued stedfastly in the Apostles Doctrine and Fellowship, Chap. 2. 42. That all that believed were together, in all which, and sundry such like Scriptures, is plainly meant, that they constantly frequented the publick Christian Assemblies for Divine Worship.

Now it is in these publick Assemblies that God supplies the Spiritual Wants of his Family. It is to us, as we are the Members of Christ's Body, that the Aids and

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Succours of his Spirit do belong; and the Communica-
 tions thereof are then chiefly to be expected, when we
 are together with one accord in one place: For it is
 only in these Holy and Religious Assemblies, that our
 Relation to Christ is visible. And how can you ex-
 pect to share in these Communications, if you abstain
 from these Assemblies; for then you are not where
 Christ is, for he only is, where his Body is.

You have often told me, you can read good Books,
 and pray at home; whether you do this or no, I
 know not. But allowing it to be true, that you do
 thus spend your time, I would ask you to what end it is
 you Read? Is it to inform you in your Duty? This
 ought to be the end of your Reading. And if you do
 Read to this End, how comes it to pass that your Con-
 sciences within you do not startle, and tell you, that
 you are not where you ought to be, as oft as you read
 such Texts as these, *the Lord loveth the Gates of Zion,*
i. e. The place of his publick Worship, more than all
the dwellings of Jacob, Ps. 87. 2. *One thing have I*
desired of the Lord, and that I will seek after, that I
may dwell in the House of the Lord all the Days of my
Life, to behold the Beauty of the Lord, and to enquire in
his Temple, Ps. 27. 4. *How amiable are thy Tabernacles*
O Lord of Hosts; my Soul longeth, yea even fainteth for
the Courts of the Lord, my heart and my flesh crieth out
for the Living God. Blessed are they that dwell in thy
House, they will be still praising thee, Ps. 84. 1, 2, 4.
 And when thou readest of the first Christians, that they
 were together in one place, and that they continued
 daily with one accord in the Temple. VVhen I say
 thou readest these and the like Places, methinks it
 should make thee ashamed to think how unlike to the
 Practice of Holy Men, both under the Old and New
 Testament, thine is.

Do not think that I discourage Private Prayer; no
 that is a necessary Duty, which I shall hereafter exhort
 you to. But that which I dehort you from, is the
 making your private Devotions an excuse for your negli-
 gence of your publick Duty. I must needs say, that is
 much question, whether you, who do not go to Church

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are thus Devout at Home; and in that case you expose your selves to double Vengeance for neglecting your Publick Duty, and trying to bring your selves off by a Lye. But if the Case be as you say, do you think thus to compound it with God? Are your own Private Prayers of such a value, that for the sake of them, he will allow you in the neglect of that part of his VVorship, which is certainly more for his Honour?

And now if you be under such Obligations to attend upon the Publick VVorship of God, and there be such a necessity upon you as your own Good for the doing it; if the supporting Religion here, and the disposing you for the Eternal Hallelujahs of Angels hereafter require it, for God's sake how comes it to pass, that this is a Duty you pay so little regard to? How can you with any satisfaction in your selves spend the time that you should be serving God in his House of Prayer, either in walking abroad, or sitting, and perhaps sleeping at home! Methinks every time you hear the Bells calling you to the Holy Assembly of God's People, your Consciences within you should upbraid you with your Neglects, and make your Houses too uneasie to abide in. I am sure your Houses cannot hold you, let the VVeather Season be what it will, if a profitable bargain calls you abroad; and shall Religion, upon which your everlasting welfare depends, be the only thing that cannot move you? Ah careless Wretches! Do God and Religion deserve so little from you? And is it nothing to you, that you do that, which tends to bring them out of Repure, and to persuade the World, that all their greatest Concernments lie here below.

Awake, Awake you careless Souls, and remember that you have more than your Bodies to provide for, and a poor Mortal Life to take care of; that the Affairs and Concernments of this Life, are the least part of your Business; and that however you may advance your selves thereby to a comfortable, nay, a splendid Condition in this Life; yet you have provided for no more than a Life, that you must lose; and that nothing

14 Of Receiving the Sacrament. Sect. III.

thing you now gain by all your Labour, will profit you beyond the Grave, without Religion. Oh! VVould you think of this, How would it shame you, How would it startle you, and make you afraid to think that you are only careless in that Affair, which requires your greatest Diligence. Remember this, you that forget God. And if you would remember it, I am very confident you would at least spend that one Day of the Seven in Holy Duties, and especially in the Publick Exercises of Religion, which is upon great Reason set apart for that purpose. Then would you say with David, *I will Praise the Lord with my whole Heart in the Assembly of the Upright, and in the Congregation*; and then would you stir up others, saying, *Come let us go to the Mountain of the Lord, to the House of the God of Jacob, and he will teach us his ways.*

Sect. III. The next thing I persuade you to is a Pious regard to the Holy Sacrament of our Lord's Body and Blood, that you would consider it as a Holy Feast of God's preparing, and believe your selves bound to receive it, as oft as you are invited. For,

1. Remember that it is instituted by Christ our Lord. By him, whom the Father sent into the World to be a Teacher of Righteousness, and whom he has exalted to be a Prince and a Saviour; by him, into whom we are baptized, and whose Name we bear; to whom we have devoted our selves, and by a Solemn Engagement have subjected our selves to his Authority: He, I say, in the same Night, that he was betrayed, took Bread, and when he had given Thanks he brake it, and said, *Take, Eat, this is my Body, which is broken for you; Do this in Remembrance of me.* And after the same manner he took the Cup, when he had Supped, saying, *This Cup is the New Testament in my Blood; This do ye, as oft as ye Drink, in Remembrance of me,* 1 Cor. 11. 23, 24, 25. So that if the Authority of our Lord do any thing with us; or if our own Solemn Vows and Engagements be of any consideration with us, we are bound in Obedience to the Command of him, whom God has made our Lord, and whom we have received and subjected our selves to as such, to receive this Holy

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sect. III. Of Receiving the Sacrament. 15

Sacrament, as oft as we have an Opportunity. And are you, who call our selves Christians, i. e. Persons engaged by Vow and Promise to obey the Commands, and observe the Rules of Christ's Holy Religion, be wilky of so Notorious a Contempt of your Lord's Authority, as the constant neglect of this Holy Institution amounts to? Has he said, *do this in Remembrance of me*, and dare you turn your Backs upon his Table, when you are to do this? Do you Honour him as your Lord, or pay a Respect to his Authority? Do you fear him as your Judge, or dread the Power he hath received from his Father, when in any Matter you declare he shall not Rule over you? I hardly think indeed you pretend any thing of this Nature, when you turn your Back upon his Table; but so rude a behaviour will no doubt have no milder a construction put upon it, when our Lord shall upbraid you, saying, *Why called you me Lord, and would not do the things that I said.*

2. Remember that it was instituted to be a Memorial of his Death and Passion. For it was instituted by him, who not only is our Lord, but our Redeemer; by him, who has loved us, and laid down his Life for us; who was wounded for our Transgressions, and bruised for our Iniquities; who for our Sakes underwent the greatest contradiction of Sinners, and suffer'd the most shameful Death upon the Cross. Here then you are invited to call to Mind the exceeding great Love of your Master, and only Saviour *Jesus Christ* thus dying for you, and the innumerable Benefits which by his precious Blood-shedding he has obtained for you. Here you are to commemorate your own deliverance from Death and Hell, by the Death of your Redeemer; the Blood that the Conquest of your Enemies cost, and the dangerous state you were in, when nothing less than the Death of the Son of God could save you. As oft as you are called to this Table, it is to awaken in you a grateful Sense of your Redeemer's Love, and to furnish you with an Opportunity to make your Acknowledgments for the highest Instances of Love, that any of God's Creatures were ever favour'd with. *Herein is Love, not that we loved God, but that he loved us.* He requires you would bear

bear a grateful Sense of so inestimable a Blessing in your Minds, and by a solemn act of Religion express your Gratitude. And is it not Meet, Right, and your bounden Duty, that you should at all times, and in all places, and by all manner of ways be thankful to God for so great Love, and celebrate the Praises of your Redeemer, who valued not his Life to save you from Destruction? Surely, as *Naaman's* Servants said to their Master, if he who has done so much for you, *had bid you do some great thing*, Gratitude and Ingenuity should at least have prompted you to attempt, and cheerfully to do it, notwithstanding all Difficulties, if you found it Practicable. How much more when he only saith, *Do this, celebrate a Feast in Remembrance of me and my Love?* Can you think this too much to be done for your Lord, who thought nothing he could do too much for you? Surely you, who cringe for every petty Favour, and are loud in the Praises of a Man who does you some little Good; Surely I say, you cannot be so disingenuous to him, who has saved your Lives from Destruction, as to think a Mercy of this Nature not worth commemorating.

But you will say, as too many have done, that you are unworthy, and that 'tis dangerous for such as you to receive; for he that Eateth and Drinketh unworthily, Eateth and Drinketh Damnation to himself. Now that this is a Text very much mistaken, you will I doubt not, grant, when I have put these Questions to you.

1. Whether it was *St. Paul's* Design to affright you from the Communion? This you must believe, if you believe the Danger of Receiving unworthily is such that it is much safer not to receive at all, than to receive. But thus you ought not to believe of an Apostle, who tells you that he received the Doctrine of the Holy Sacrament of the Lord, as a part of the Christian Religion?

2. Whether we are to receive no Blessing from God which we are unworthy of. This seems to be the meaning of this Scruple; for if you dare not receive the Communion, because you are unworthy, must you not refuse every Blessing, but such as you are worthy of?

Sect. III. Of Receiving the Sacrament. 17

And what a miserable Condition should we Unworthy Creatures be then in? If you drive this Principle up to the height, you must no more Eat the Bread that supports your Bodies, than this, which is Mystically the Body of Christ.

3. VWhether we ought not to be thankful for those Blessings, that God gives us, notwithstanding our Unworthiness to receive them? I am apt to think, that every reasonable Man will believe that he ought to be abundantly more thankful for Blessings of this Nature, than if they were such, as he was worthy to receive, because such Blessings do carry more of his goodness in them than otherwise they would do. Now this is the very Case before us; God sent his Son into the VWorld to deliver us out of the Hands of our Enemies; and the Son of God in memory of so great a Blessing, has commanded us to *Eat of this Bread, and drink of this Cup*. To do which you profess your selves Unworthy, *i. e.* You urge that as a reason for your Unthankfulness, upon the account of which you ought to be the most Thankful. But it is dangerous to receive Unworthily. True, it is so; ; But,

1. Is there no danger in not receiving? Can you break the Commands of your Lord, and yet be Guiltless?

2. Is there no Possibility to receive so worthily as to be accepted by God? If there be not, you must believe that our Lord has instituted this Sacrament for our hurt; for in this case there is no avoiding Damnation, whether we receive it or not; but if we receive, we must be damn'd for receiving Unworthily; and if we do not receive, we must be condemn'd for not obeying our Lord's Command. But if there be, as 'tis certain there is, you take a wrong course to avoid the Condemnation that belongs to unworthy Receivers by not receiving at all.

3. I ask you what kind of Unworthiness it is you speak of? It is either that which ariseth from our Make and Nature, or such as issues from a bad Life, or any notorious sinful Action: If it be the former, your Unworthiness is no more than what belongs to all Men; which to be sure cannot be the Unworthiness *St. Paul* speaks

18 *Of receiving the Sacrament.* Sect. III.

speaks of, because none then could be *Worthy*; and yet our Lord did certainly know we might receive it to our Comfort, when he instituted it.

But if you be unworthy, because of any scandalous notorious Sin, why do you not repent and amend your Doings? This kind of Unworthiness is not a Reason, why you should not receive, but is a very pressing Reason, why you should Reform your Lives; because whether you Eat this Bread and Drink this Cup unworthily or no, you are in danger of Damnation. So that if Damnation be the thing you are afraid of, do not avoid it by not Eating and Drinking. You avoid being Condemn'd indeed, for Eating and Drinking unworthily, but you have no way to avoid being condemn'd for those Sins, that make you unworthy, but by a sincere Repentance. If you do not this, it will grievously aggravate your Guilt, that you have neglected this great Duty of Receiving the Sacrament, lest you should find your selves under an obligation to abandon those Sins that render you unworthy. And now my Brethren by the Mercies of God I exhort you to think of these things, and then I am sure that you will wonder how any who professeth himself a Christian, can turn his Back upon this Sacrament.

While the Sense of our Redeemer's Love was quick and moving, and Mens Affections towards him were warm, they received the Communion daily. And oh! Are you not ashamed to bear the same Name as they did? and yet to be so unlike them in Practice? You are as much obliged by the Death of Christ, as they were? You have as much to be Thankful for as they had. And oh whence is it, that you do not do this now? How will it make you hang your Heads for shame, when you shall hear him who was pierced for you, upbraiding you with your disingenuity, saying, *behold, ungrateful Men! the Prints of these wounds I received when I combated with Death and Hell for your sakes; See the Marks of your Redemption in my Hands and Sides, and be ashamed of the Senseless Stupidity, with which you have heard the Story of my Passion.* Will it not abash and startle you to hear that, which you think no-

thing

Sect. IV. Of the Religious Observance, &c. 19

thing of now, charged with severity on you, as a great Contempt of your Redeemer? Certainly it will, and so much the more as it will come by surprize upon you, unless it please God, that your Eyes be opened now to see the Faults and Folly of the Neglect, which as yet you have been grossly insensible of. I now proceed.

§. IV. To perswade you to a Religious Observance of the Lord's Day. I am verily perswaded that the Neglect of this has contributed as much as any one thing to that great decay of Religion, that is among us. For when Men wander carelessly abroad, as Persons that want Employment for their time, they do as it were invite the Devil to set them on work; and when instead of the Church they run to Alehouses, as too many do, they go to the Tents of VVickedness, and even make a surrender of themselves in his own Territories. You are not in half so much danger on other Days to fall into Temptation, for then your Business and Labour are in a great measure your Security; but your greatest danger is, when the Devil doth find you at leisure to do his VVork. Oh then! As you love your Souls, take heed, how you idle away that Day, in which you are Commanded to rest from your Labour. But let it be your Care and Resolution to spend it to those Ends and Purposes, that God has appointed it. Do not think that he has consulted the ease of your Bodies, much less that he has given you a Day of Liberty for the doing of Evil without restraint, by making it a day of Rest; but that you may be at Liberty to attend upon Religious Duties, and to make a better Provision for the everlasting welfare of your Souls, than you can be supposed to be in a possibility of doing in those days, that you devote to your own Labour, and the Service of your Bodies. And,

1. Let it be your Care in the Morning as soon as you awake, to rid your Minds of all wordly Cares and Sollicitudes. For you cannot be said to keep it a Day of Rest, so long as you Drudge and Labour your Minds in those VVordly Affairs, which you think it not decent to be found doing on this Day.

2. Let it be your Care by Prayer and Meditation, by Reading, and other Pious and Holy Exercises, to put your

your own, and the Minds of those under your Care into a Religious Frame. This you ought to do, that you may be in a Capacity to receive Benefit by the Public Services of Religion. And if the Holy Duties of this Day have no good Relish with you, it is because your Souls are not put into a pious Frame before-hand. If you be wanting in this part of your Duty it is no more possible you should be glad, as *David* said he was, when he was invited to go to the House of the Lord, than when you are called to a Feast, and have lost your Appetite.

3. Let it be your Care to attend duly to the Exercises of Religion in the publick Worship of God. This I have already endeavour'd to perswade you to, by shewing what Obligation you are under thereto, and the necessity of it. All that I shall add is, That you would be early at the Church at the beginning of the Prayers, and not think that you have done your Duty there, when perhaps you have done it by the halves; And that you be careful to take your Children and Servants along with you, because you are accountable to God for them as well as your selves.

4. Let the end of your going thither be to bear a part in the Exercises of those Holy Assemblies, and not only of a bare Compliance with the Custom of the place where you live, or Curiosity. Let it be to join in the Prayers and Praises, that are there offer'd unto God, and from the Scriptures and the Mouth of his Ministers to be instructed in the Doctrine of Salvation, and the way of Life by which you must Save your Souls. And

Lastly, when you return home, spend the remainder of the Day in your own Family in exercises of Piety and Devotion. Do not think that you have sufficiently perform'd your Duty: or done all that the Sacredness of the Day calls for, by going to Church; and that when the Publick Service is over, you may devote the remainder to your Secular Cares and Concernments, or trifle it away to no good purpose; but let it be your Care to improve it to your own advantage, and the benefit of those under your Care, who generally, your Servants I mean, have little leisure to think of things of this Nature, but on this Day. And now, that I may

Sect. IV. *of the Lord's Day.*

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the more effectually prevail with you thus to keep this Day unto the Lord.

1. Let me put you in mind, that it is highly reasonable some time should be set apart for Exercises of this Nature. If you believe there is a God, and another Life, and that you have immortal Souls to take care of, you do not think surely, that God, and your Souls, and Eternity are to be wholly neglected; or that you act like Wise Men in labouring for your Bodies, and improving every moment of your time for your present advantage, and allowing none to provide for a Life, that is endless, and to save your Immortal Souls. That you should only have time to serve your selves, and none to think of your God; nay, to care only for that part of you, which is Earthly, and of kin to the Beasts, and none to employ in the Concerns of your Souls, which are indeed your selves.

Further, think with your selves, whether it be reasonable that Religion should be lost, that that on which your everlasting Welfare depends, should decay, and perish from among us? Would it be for your advantage to have no Faith nor Truth amongst Men, no God to keep the VWorld in awe, no means to provide that your Souls may be everlastingly happy, when you leave this VWorld? and yet this would be your miserable condition, if there was no time set apart for the discharging your Minds from VVordly Cares, and employing them in Religious Services; as you may observe from the rudeness of those among you, who pay no Respect at all to the *Lord's Day*.

2. It is but just, that you should Religiously observe that Day, which is set apart for Holy Exercises. Remember the Sabbath Day to keep it Holy, saith God, in the fourth Commandment. And besides the Reverence that is due to his Authority, Justice does require that you should render unto God that part of your time, that he claims for his own Use and Service; because he has been so bountiful to you, as to allow you so considerably more for your selves. So that when you trifle away or mispend this Day, when you devote it to your Sloth, or to any Affair of your own, you are high-

ly Unjust, and Guilty of a notorious Robbery. You lay hands on that which is none of your own; and that which makes your Crime the more base and detestable, is, that you rob your greatest and best Benefactor; and invade the Right and Possession of him, who has dealt very bountifully with you. And will you rob God? Him that has deserved more from you than you can possibly give? And whom you cannot sufficiently Admire and adore, was it possible for you to consecrate all your Time to his Service, and glorifie him as incessantly as the Angels do? Be exhorted then to study your own Interests more, by minding the things that are God's; and since he has set apart a day for his own Service, take heed how you mispend or prophane it, by using it otherwise than in serving him, to whom it belongs. Do to God, as you your selves would be done to. And if you approve not of the Villany of those, who are not content with their own portion of Goods, that God has given them, but live upon the Spoil and Plunder of others, approve not of it in your selves by stealing from God that day, which he commands you to spend Religiously.

6. V. The last thing I shall persuade you to, that are careless, is the Practice of Family Duties. Such as Praying in and with your Families Night and Morning, Reading the Holy Scriptures and other good Books, and Catechising and Instructing your Children and Servants in the necessary Duties and Principles of Religion. Would you but thus restore Religion in your Families, you would certainly recover its Reputation in the World, and in a short time banish all that Atheism and Profaneness, that to the shame of our Profession dare with so much Impudence lift up their Heads among us.

1. Let it be your constant Practice Night and Morning to make your Prayers unto God. This has been the Practice of all Holy Men, who according as they have had Leisure, have daily more or less performed this Duty, both in their Closets, and with their Families. *Seven times a Day* did Holy David praise God, *Pf. 119. 164.* Daniel's custom was to retire to his House from the publick Affairs, that were upon his Hands, *Three times a Day* to Pray and give Thanks before God, *Chap. 6. 10.*

And

And St. Paul's Exhortation is to continue constant in Prayer, to pray without ceasing; to Pray always with all Prayer and Supplication, and in every thing by Prayer to make our Requests known unto God. 'Tis true, it is not possible that all Men should be bound up by the same Rules, because Men's Circumstances and Condition of Life are not the same; but yet there is no Man, but may allow himself more time than usually he does for this Divine Employment. You may make it the first and the last Business you do, *i. e.* Before you enter upon the Business of the Day, you may in your Closets, or Chambers, offer up your Morning Sacrifice unto the God that has preserved you the Night past, and whose Providence is so needful for you for the prospering of your Handy-work, and the protecting your Person the Day following; and at Night, before you go to Bed, you may make your Acknowledgments to God for preserving you, and supplying your Wants the Day past, and humbly recommend your selves and Families to the Protection of this good Providence the Night following. This, I say, both you and every particular Person under your Roofs may do, in case your Condition of Life is such, that you cannot call them together at any set times in the Day for Prayer.

Nay you may, and ought to do more than this. Every time you sit down to your Meals, you have time enough to lift up your Hearts to God, who is the giver of all good things, to acknowledge his Bounty and Goodness in supplying your present Wants, and begging a Blessing upon the Food provided for you; and to return him thanks for the Refreshment you have by it. This is a piece of Religion that is almost quite laid aside, and I doubt few of you, when you go to your Meals, consider that your Meat and Drink are Blessings from the Lord; few of you I am afraid, ever think of him, who satisfies your Mouths with good things, and fills you with his Plenteousness, but sit down to your Tables, as the Swine goes to his Trough, without ever looking up to him that furnishes it. Oh methinks, whatever you are at other times, you should be Religious, when your Eyes do put you in mind of his Goodness, and to be sure to Glorify him when you

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Eat and Drink, how little soever you think of him else.

But once more let me put you in Mind, that you can never be so full of Business, but you may even in the midst of it offer up pious and devout Thoughts unto God, and in short Ejaculations bless his Name, and Praise him for all his VVorks of Mercy. This you may do without hindring your Business; and was God as much in your Thoughts as he ought, you would find time enough at any Hour in the Day for it, and Objects enough in every Place to furnish you with Matter for it.

If you have felt no Inconvenience hitherto from your forgetfulness of him, you have the more reason to fall on your Knees with all speed, to bless him for being good to you, contrary to what you have deserved: But take heed after this Admonition, of Neglecting your Duty to him any longer lest he take away from you, the whole stay of Bread, and the whole stay of VVater, and by so severe a Judgment, make you know, that the supplying your VVants, is more owing to his Bounty and Goodness, than to your Labour and Forecast.

2. The next Family-Duty I would recommend to you, is reading the Holy Scriptures; and other good Books. This I recommend to those of you that can Read; and for such as cannot, If this Duty was religiously put in practice, they could not want Opportunities to hear them as oft as they pleased from others. Thus did God require his People to spend their spare Hours, and thus have good Men employed themselves, as oft as their other Affairs would give them leave. So it is said of Ezra, That he set his Heart to seek the Law of the Lord, Ch. 7. 10. David frequently declares the great Pleasure and Satisfaction he took in this Duty. That he delighted in God's Law, Ps. 119. 70. That the Law of God's Mouth was better unto him than thousands of Gold and Silver, v. 92. That he loved his Law, and made it his Meditation all the Day, v. 97. That his Words were sweet to his Taste, yea sweeter than Honey to his Mouth, v. 103. That it was a Lamp unto his Feet, and a Light unto his Path, v. 105. He stiles them Blessed, whom the Lord teacheth out of his Law, Ps. 94. 12. And the VVise Man calls them Fools, that hate Knowledge, Prov. 1. 22.

And

And had Religion the same Power over you, as it
 had over these, and other Holy Men, notwithstanding
 the round of Labour that your Condition obliges you
 to, you would find some time for an exercise of this
 Nature. It is observable, that none of you are so full
 of Business, but you can find some time to spend loose-
 ly, and extravagantly, some in Acts of Civility and
 Friendship, and too much in doing nothing at all, or
 perhaps in that which is next to nothing; viz. in idle
 Sports and Pastimes, or in unprofitable Chat with your
 Neighbour, or your Families: and have you none
 for the improving your Minds? Have you time to do
 Time for any thing that is of no great Moment
 to you; and are you too full of Business to study the
 things that make for your everlasting Happiness? Ah!
 Were you but well Affected toward Religion, you
 could find time enough, at least every Evening, when
 your Days Labour is over, for this, as well as other
 matters, and your Bible, or some other good Book,
 could be in your Hand at those times, when you sit,
 and speak against your Brother and your Neighbour.
 And if this Exhortation prevail with you, let me give
 you this Advice for the making your Reading profit-
 able to you; be careful to observe what you Read what
 Doctrines, or Rules of Life, What Promises or Threats
 you meet with; I donot suppose you capable of un-
 derstanding every thing you read; nor is it necessary
 you should; but yet you may get more Understanding,
 and true Wisdom by your Reading, than generally you
 do. For too many, I am afraid, Read only for Read-
 ing sake; and believe they have employed their Time
 well, when they have read a Chapter in the Bible,
 though when they have done, they are not one jot the
 wiser. And others there are, that Read for some Opini-
 on's sake; and not to mak themselves Wise to Salvation;
 they mean to find out, if possible, some Texts for the sup-
 porting the Notions of a Party, that they have some
 particular Fancy for. Now these Read to an ill end,
 and the former to none at all; But let the end of your
 Reading be the same as God's was in the giving up the
 Holy Scripture; That as St. Paul saith, *The Man of*

God may be perfect, thoroughly furnished to every good work. 2 Tim. 3. 17. To this purpose it would be of great use to you, if you could make a collection of the Principles or Duties, especially those, that concern yourselves, that occur to you in your Reading. And would you be careful in this matter, you would do your self as well as God, and Religion, good Service. For the Holy Scriptures are the Oracles of God, and contain the words of Life; and by reading them, and other good Books, you may improve your selves in Spiritual Wisdom, and Knowledge; which use of your time will turn to your best Account at the Day of Judgment. Then you will Bless God for the Advice that is now given you, when you shall see others, that despise Knowledge, and all the means of it, as much scorned and laugh'd at for their Ignorance and Folly; and perceive how much time you have saved which others have foolishly and irrecoverably lost. By this means you will prevent a great many Sins, which others, that have their Time lying upon their Hands, do for easing themselves of their burden, run into: And lastly, by this means you will discover the heinousness of a great many Sins, which Custom and common Practice have divested of their Odiousness, and recommended as Harmless and Innocent.

Oh then! if you value Religion, or Love your Country with well to your selves, apply your selves to this Duty with all seriousness: Were you but as much aware of the Advantages of this Divine Knowledge, as you are that, which capacitates you for a Wise Management of your Affairs, you would as much long for an opportunity to go to your Bible, as a hungry Man for a Meal.

The last thing then which I earnestly exhort you to is the necessary thing of Catechising, and Instructing your Children, and Servants in the Principles and Duties of Religion. In those things I mean, which necessarily to be known, and practised in order to Eternal Life. Teach them, what they are to know, believe concerning God and Jesus Christ, and what they are to do, that they may be saved; and for know

knowledge of any thing else, let it be recommended with never so much Zeal, it will profit them nothing. St Paul has told you, *that he, that comes to God must believe, that he is, and that he is a rewarder of them, that diligently seek him.* And our blessed Lord has informed you, *That if you believe in God, you must believe also in him, because he that believeth in the Son, has Everlasting Life; but he that believeth not, shall not see Life;* on which Reason you ought to inculcate these things upon the Minds of those, that are under your Charge, and endeavour to Plant in them becoming Notions of God, and Jesus Christ; to give them that Character of God, as is apt to excite in them a Love of his Goodness, and a Dread of his Majesty, and to teach them those things concerning the Dignity, and Excellency of the Son of God, and the design of his coming into the World, as will be apt to engage them in a dependence on him for the Salvation of their Souls. And for as much as without Holiness no Man shall see the Lord, St Paul informs us, *your great care must be to train them in the Practice of Virtue, and to instill into their Minds those Rules of Holiness, by which they are to direct their Lives,*

This is a Duty, God knows that is generally neglected, although no one Duty is of more absolute necessity, or of more lasting influence, nor more frequently press'd, and inculcated upon us in the Holy Scriptures, than this is. It is without doubt owing to the neglect of this, that Peoples Minds are so much wean'd from Religion; and it is certain, that the due performance of this would in a little time so open Mens Eyes, that Irrigion and Atheism would be forced to forgo the Conquests they have made. There is nothing would contribute more to the restoring Religion to its just Authority over Mens Minds and Consciences, for it needs nothing more than to be known to make it universally esteemed. For which Reason it is, that God took care under the Old Testament, to oblige the Jews to a faithful discharge of this Duty, and under the New Testament has enjoyn'd it upon Parents, as a Principal part of the Trust, he reposes in them. *These words*

which I command thee this day, shall be in thine Heart, and thou shalt teach them diligently unto thy Children, and shalt talk of them, when thou sittest in thine House, and when thou walkest by the Way, and when thou liest down, and when thou risest up, Deut. 6. 6, 7. Take heed to thyself, and keep thy Soul diligently, lest thou forget the things which thine Eyes have seen, and lest they depart from thine Heart all the days of thy Life, but teach them to thy Sons, and thy Sons, Sons, Ch. 4. 9. Train up a Child in the Way he should go, and when he is Old he will not depart from it, Prov. 22. 6. And accordingly, he tells us, it was the care of his Parents to instruct him in the Principles of Wisdom: I was my Father's Son, tender and only Beloved in the sight of my Mother; he taught me also, and said unto me, Let thine Heart retain my Words, keep my Commandments, and thou shalt Live, Get Wisdom, get Understanding, &c. Prov. 3. 4, 5. And how much pains he took with his Son, the Book of Proverbs is a sufficient Testimony. And in the New Testament Parents are strictly required to bring up their Children in the Nurture and Admonition of the Lord, Ephes. 6. 4. And St. Paul speaks of it, as a very great Happiness to Timothy, that by the early Care of his Grandmother Lois, and his Mother Eunice, he was brought from a Child made to know the Holy Scriptures, Tim. 3. 15.

And there is great Reason that you that are Parents should by an early Education prepare your Children for the Service they owe to God; and you that are Masters and Mistresses, so carefully to instruct your Servants in the necessary Duties of Religion, that their having been parts of your Families, may be matter of Joy to them all their Life after; because otherwise you do not make that provision for them, as you ought to do. St. Paul has observed, That he that provides not for those of his own House, is worse than an Infidel; and you need no Arguments to persuade you, that this is your Duty so far as the Body is concerned. For this is the End and Reason of all your Labour; 'tis that they may be able that you are at so much pains, and that they may be able to support you when you are gone, that you provide for your Children.

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Children with Callings. Thus far the Natural Tender-
 ness you bear them, does easily prompt you to to take
 care of them; and at last to avoid the Clamours of
 your Neighbourhood, you will be sure that your Ser-
 vants shall not want what is necessary for this Life. But
 have you satisfied your Bowels, when you have fed
 their Bodies, and taken care that they may live com-
 fortably in this World? Is there no Life to be provided
 for but this? Or have they only Bodies to be Cloath'd
 and Fed? And do you leave them in as good a Conditi-
 on, as is possible for you, if you leave them an Estate
 to live upon, or put them into a way to provide for
 themselves? No, my Brethren, this is not to do half
 that Nature obliges you to do, and nothing of that
 which God and Religion do especially require of you.
 You do well to provide Food and Raiment for your
 Childrens Bodies, but you don't avoid the charge of
 infidelity, if you be careless of their Souls. For you
 have your selves much rather like Infidels, when
 you take no care to make them know God, but by your
 Negligence suffer their Souls to Perish for want of
 knowledge, than if you let their Bodies starve for want
 of Bread. Surely Eternal Life is infinitely more than
 the best Provisions you can make for them in this Life;
 and it is sure, that it is much more your Duty to pro-
 vide for the one than for the other for them. And Oh!
 When if you must needs neglect one part of them, let it
 be that in which they will suffer the least by your care-
 lessness.

How the thoughts of this does move you now I
 know not, but if you have that tenderness for them as
 you pretend, it will be extremely stinging to hear
 them cursing you in Hell, for suffering them to go
 to that place of Torment by your carelessness: To hear
 them upbraiding you with your Neglect of them, and
 charging all their Miseries upon you, that those Flames
 in which they burn, and those Fiends that there tor-
 ment them, are become their Portion, for want of
 timely notice from you of the Torments of that Place,
 and your Care to teach them the ways in which they
 should have gone.

Having made this Address to you that are Careless, let me in a few words give my Advice,

2. To you who more carefully attend upon the Exercises of Religion.

1. That you suffer not your selves to be discouraged by the Scoff of the Profane. There are a sort of Men, that you are in an especial manner to beware of; for if you be sincerely Pious, you must expect to be assaulted with them: For there are not two things at a greater distance, or are more irreconcilable, than Religion and Impiety, which mutually aim at the Destruction of each other. As oft as you do your Duty to God your Example upbraids them, and they have no other way to be revenged upon your way of Life, but by persecuting it with scurrilous Reflections, and indecent Raileries. And if you be not prepar'd for, and firmly resolv'd in spite of these things to continue Religious, their Taunts and Profane Mockeries will weary you out of your Piety. For your Devotion shall be filed Hypocrite, and you your selves branded for Cheats; so that if upon no other account, yet for the sake of a little Ease, you will be tempted to pay as little regard to Religion, as they Nay further, the Men of this Spirit will as little spare Religion as you; and when it is for the sake of Religion that they pursue you with their Scoffs, it is not to be expected, that that, which they are spiteful against you for, should escape their scorn. No, either they will deride your Faith, as meer Cheat and Imposture; and gravely tell you, that the God you so much talk of is nothing but a Scare-Crow, set up by the Fears of Men to affright Children and Fools with; or if they be not so desperately wicked, as to say there is no God, they will endeavour to laugh you out of that dread of him, by telling you he is too high to be approached to by Mortals; so perfectly Glorious, that he needs none of our Prayers; and so transcendently happy, that it is a Folly to think that he should have any regard to Matters so much below him as what is done here on Earth: That it is below his Majesty, and would lessen his Happiness to mind either us or any thing we do.

So, and that therefore it is a vain Thing to serve him : That these are Truths, you your selves may be sensible of. if you would observe how all things happen alike to all Men, and that you your selves are not the better for your Religion. These are smart Onsets, and require a great deal of Courage and Resolution in you to withstand them. So that it behoves you to be well resolved beforehand ; for there is nothing that is more apt to shake a Man's Mind, and make him willing to drop his Religion, than the Mockeries, and abusive Jests of the Profane.

2. It behoves you to take heed that the Examples of the Careless do not corrupt you. There is nothing more spreading than Example, and a Man must be thoroughly persuaded of the ill Consequences of the neglect of Religion, ere he will with Resolution continue to serve the Lord, when he is on all hands tempted by the common practice of his Neighbour, to have a slight Opinion of it. For it is a difficult thing for a Man to swim against the Stream, and to oppose a prevailing Practice. 'Tis a difficulty that a few have Resolution enough to break through ; for Singularity, though in that which is good, is so melancholy, and exposed a thing, that it requires a great deal of Courage in spite of all the Solicitations of Custom and Example to be good alone. But the more difficult it is, the more admirable will your Virtue be, if you continue steadfast and unmovable in your Resolutions to exercise your selves in the Duties of Piety, notwithstanding so powerful a discouragement.

And for the confirming you in this Resolution, let me put you in Mind, that how many soever there are that spend their time otherwise than you do, yet you have more that are with you than those that are against you. They are too many, God knows, that have lost their Sense of Religion, and live as if there were no God to be fear'd or serv'd ; but have you not encouragement enough to go on in your way by the Example of the Holy Angels, who Day and Night Praise and Glorifie their Great Creator ? If you find that Example has any Power over you, you have Millions of Glorious

Spirits, that join with you in the same Practice of Adoring your Maker, which methinks should confirm you more in your Resolution to live Religiously, than the bad Examples of the Negligent among you, can possibly do to shake it. Yet,

3. Let me persuade you to a Reverend performance of these Holy Duties. Remember it is God's House you go to, whenever you Assemble yourselves for Publick Worship. And do not think it enough for you to be present in your Holy Assemblies, unless your Behaviour be such as becomes the Presence of your God, and discovers a venerable Opinion of his Greatness and Excellency. *Moses* was Commanded to put off his Shoes when he was in the Presence of God, *Exod. 2. 5.* which among the Jews and the Eastern Nations was as much a Token of Reverence, as putting off our Hats is among us. And if we consider the Reason of the Command, *for the Place where thou standest is Holy Ground;* it is a plain intimation, that it has been the practice of Mankind from the earliest Ages of the World, always to present themselves before God, or to come into those places which were Hallowed to his Service with the greatest visible Demonstrations of Lowliness and Fear. For if they had not been wont thus to go into Holy Places, *Moses* would not have known the force of this Reason. And accordingly *Solomon's* Advice is, *To keep our feet when we go into the House of God, Eccl. 5. 1. i. e.* when we go to those Holy Places, where God is worshipped, and for that Reason is always supposed to be present. *Keep thy Feet, i. e.* See that thy behaviour be decent, thy Looks Composed and Grave, and thy Gesture expressive of the Devotion of thy Mind. Thus the Holy Men of Old, such as *Abraham, Isaac, Jacob, David* and *Solomon*, and the like, were wont to present themselves before God. The very behaviour of Turks and Infidels will rise up against thee, who go not into their Temples and Moschs, but with the greatest lowliness, and prostrate themselves when they say their Prayers.

You perhaps will say that the Worship God expects from you is that of the Heart, the Internal Reverence and

ect. V. *attend the Exercises of Religion.* 33

and Esteem of the Soul, and that the lowliest posture of the Body is of no value without this. 'Tis true; But let give me leave to tell you, that I fear this Saying has been put into your Mouths to an ill end; I am sure, to the great prejudice of Religion. For now they who make most use of it, are such as have the least Sense of God and their Duty upon their Minds. These think to exercise their want of Devotion by a saying, that I am loath to think has done much to destroy it. And how popular soever it is, yet it is certain that they who first cultivated it, do not think you ought to excuse your selves from kneeling at your Prayers, because they themselves make use of this posture in their Private Devotions. And is there not greater Reason that we should approach God with Humility and Reverence in Publick, where Men as well as Angels are witnesses of our Behaviour, than when we Address to him in Private? If internal Devotion be enough without the visible Marks of our Esteem, 'tis certain there is far less need of these in Private than in Publick, and we may much rather say our Prayers at home, without any exhibition of Reverence in our Behaviour, than in the Church. So that I cannot but suspect that it is with design that they who Pray kneeling in their own Families, have taken Men off from it in their Publick Devotions.

But however it be true, that it is the Temper of the God looks at, yet it is true, that he expects we should Reverence him as Men, and not as the Angels, i. e. as Creatures that have Bodies as well as Souls, not like Creatures that are pure Spirits. He has made our Bodies as well as our Souls, and if one Reason why we must worship him be, because he is our Father, we must worship him with the whole of us that is made. It is by laying his Word up in your hearts, that it becomes the Seed of Grace and Life to you; but you will not for that Reason, I hope, argue against hearing it with your Ears? And besides, is it not because he is a Provident Father to us, that we are bound to Reverence and Adore him; and is it not very unjust to refuse to Reverence with that part of you

you, over which a considerable part of his Providence is exercised? He Feeds and Cloths your Bodies, and will you not suffer your Bodies to pay him the Tribute of Honour they owe him! Finally, that it is our hope that God will Glorify our very Bodies, as well as Souls in another World; and therefore what Imaginable Reason can be assign'd why we should not Glorify God with our Bodies as well as our Souls, while we are here?

4 Take heed of coming late into your Assemblies in this respect too many among you, who dare not be guilty of a total neglect of these Services, are very faulty; coming into the Church, when half, if not all the Prayers are over. This is not only a very great indecency in it self, but it is a very great wrong, to your own Souls, and an injury to your Neighbours. For it is nothing to you to lose the Benefit of so many Prayers, as are over before you come, or are they of concern to you? Have you no need of Humbling yourselves before God; no Sins to Confess and beg Pardon for no need of Mercy or Forgiveness, that you come after the Confession and Absolution are over? Have you nothing to Bless and Praise God for? No need of being instructed out of the Word of God; That you take no care to be present when the *Psalms* and the *Chapters* are Read? Have you no wants either of Body or Soul to make known unto God; no Judgments to Deprecate, nor Blessings to Implore, that you come not into the Congregation early enough to joyn in the *Litany*, and other Prayers of the Church? Surely, Brethren, if you were sensible of your own Condition. How much Mercy you want, and how many Necessities press you, it would make you weep as *Esaie* did when he came to his Father too late to receive his Blessing, as oft as you come into the Congregation too late to joyn with it in Prayers, and Thanksgivings. Is it no wrong to your Souls to lose an Opportunity of disburthening your Consciences, and of seeking to be Reconciled with your Heavenly Father?

But if there was nothing of this nature in the Case yet the Indecency is very great. For is not a very

orderly thing for Members of the same Society to come together in such a manner, as if they had not all the same wants: or not all the same Priviledges? Were you invit'd to a Feast, would you stay so long, till it was almost over, before you made your Appearance? Or had you Business at a Market, would you trifle away your time at home till it was over? And can you think it no disorderly thing to have your Prayers to begin, when others have almost done theirs? or to come to God's House of Prayer, when the time of Praying is almost over?

But perhaps you come not to Pray, or at least not with the Prayers of the Church. This is a Prejudice I believe that is the Occasion of the Indifferency of many among you, who have received ill impressions concerning the Form of Prayers prescribed by the Church, and believe that they discharge their Duty if they come some time enough to hear the Sermon, or to joyn with the Minister in his Pulpit Prayer. This is a Prejudice that has been instill'd into you with much industry, to the great Mischief of true Religion and Godliness among us. For while Men are put upon contending about so trifling a Matter as the bare Modes of Worship and Forms of Words, they lose that Spirit of Piety and Devotion wherewith they ought to Address themselves to God. And if we allow that this was done at first upon a sincere concern for the Purity of Religion, and a firm persuasion that prescribed Prayers are to be allowed of; yet one would think it high time for us to grow Wiser, when we consider what mischief Contest has occasion'd; and that they who first began it have been so far from making Men more truly pious and Religious, that this is certain in the first place, they have given the greatest occasion that could possibly be given, for the making so many Prayerless Families as there are Masters of Families who are not able to Pray Extempore: And have imbib'd this most pernicious Doctrine, that it is better not to Pray at all than to Pray by a Form. And it is also as certain, Secondly, that they have only turned Mens Zeal and Devotions into meer Neries; and taught them to think so dishonourably

honourably of God, as if he was so Whimsical a Being to like of a Petition when offered one way, and to dislike it when offered another. Methinks it should make you ashamed to think how sorry a Being a Contest of this Nature does represent God to be. For why are words when read out of a Book, less acceptable with him, than when spoken by the Minister in an Extremepore way? You do not think surely that the bare Use of Words is unlawful; and if we may Express the Sense of our Minds in words, why not one way as well as another; if they be Decent and Grave, and Expressive of those Wants and Necessities which are proper to be laid before God? Oh! Would to God you would at the last weigh this Matter seriously, and without any Partial Inclinations to one side more than another, for then I am very confident you would find your Minds to be unsettled without Reason, and blame your selves for slighting the Prayers of your Congregation: Then would you cease to contend against, or dislike a Form of Prayer, which, if offered up with Piety and Devotion, God will accept of it; and believe that you ought to join in the Prayers of a Congregation that you have no Reason to believe but have God amongst them. You make no question but you speak the real sense of your Minds, when you say there is another way of Prayer that is more pleasing to you: But is that a Reason which you think it more acceptable with God? Are you sure that you judge in this Case as he does, and that it is not a sickly Fancy that governs you? For my part I make no question, whether that other way of Praying, however grateful soever it is to your Minds, be at all pleasing to God, when your liking it is the Occasion of a Contempt of a wholesome Form of Prayer, which that Church you are a Member of does oblige you to; However I am certain no Reason can be given from the Nature of the Thing, why any Man should suppose it to be more pleasing to God.

Oh then, my Brethren! I beseech you to take heed how you make your Fancies the Measure whereby you judge of what is Good or Ill; or in other words, what is pleasing or displeasing to God. For assure you

elves, nothing is more Variable and Inconstant, than the Fancies of Men. Do not think meanly of the Churches publick Prayers, only because you have bent your Fancies another way; but consider them as representing your Wants both of Soul and Body, Truly and Faithfully: Which if you did, you would be ashamed of slighting those Prayers which are fitted to your Condition, and which you have as much Reason to say Amen to; as to any that you like better; Nay, which you ought to like as well as any; for you ought to like of none but because the Petitions are united to your Case.

And now, my Brethren, give me leave to tell you, that I have set these things before you for no other End than the Advancing of true Piety and Religion among you. And would you but read this Letter with the same Spirit, with which I have written it, you would not Labour for Objections against any thing delivered in it, but excuse what is Weak, and readily comply with all that is Reasonable in it. Oh then! let me beseech you, by the tender regard you ought to bear your own Souls, to lay these things seriously to your Hearts, and to Resolve, that in those things that you either have been Careless or not Regular, you will amend your Ways and your doings. Oh then! If there be in you any Bowels of Compassion for your crucified Lord, any tender Respects for Religion, any Inclination towards Piety, or any sorrowful Repents for the Growth of Impiety, let the Exhortation I have now addressed to you, awake in you a Holy Resolution to do what in you lies, that Christ's Holy Religion may not be driven from among us by Atheism and Impiety. Resolve to oppose their further Growth, by teaching your Families to serve the Lord, and by becoming your selves Eminent Patterns of that *Holiness which alone you must see the Lord*. Make Religion your business; since it is that you must live by for ever. Set up the Practice of it in your own Houses, and Encourage nothing more in your Childten and Servants, than Exercises of Piety and Devotion. Let every thing that has a Relation to God be treated by you as Sacred,

cred, and abhor nothing more than the Profaning
 Day and his Word, because of that Contempt that such
 a Behaviour reflects upon him. And above all things
 give God that Publick Honour that is due unto him, by
 Worshipping him in the Congregation of his Saints,
 thus you would amend your doings, you would raise
 up the Reputation of Religion, the World would bless
 you for so happy a Change as you would make in it, and
 the Blessed above will with joy welcome you into their
 Society, as true Patriots of their Heavenly Country
 Which happy Place that you may at last attain, by con-
 sidering your Ways and turning your Feet to the Testi-
 monies of God, is the hearty Prayer of a Minister
 Christ Jesus.

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A Prayer before the Communion.

O Most holy, holy, holy Lord God, the Father of Mercies, and God of all Comforts: Be thou eternally Blessed and Praised for *Creating us anew* Christ Jesus *unto good Works*. rather then let us be undone by our shameful Disobedience. Thou Lord, *th sent thy only begotten Son into the World*, (adored be thy inconceivable Love!) *that whosoever believeth in him might not perish, but have everlasting life*. For this end he hath laid down his Life, and redeem'd us by his precious Blood, and is now ascended into Glory. We have felt the blessed fruits of his Death, Resurrection, and Royal Power, whereby he is able to save to the uttermost all them that come to thee by him. Thy Holy Spirit hath often breathed into our Hearts, and thy Servants, the Ministers of thy Word, have often invited and importun'd us to follow after our Saviour, to that heavenly Bliss in which he lives. And now again thou vouchsafest us an opportunity of improving our Christian Devotion and Holiness, in making our nearest approaches to thy Divine Majesty. Fill us, we pray thee, with a strong sense of thy bounteous Goodness, and with Pious Dispositions to receive more of it. Stir up in us thankful Acknowledgments, hearty Resolutions, and earnest Desires to partake more and more of thy Divine Nature, and be better prepared to a blessed Translation to that Glorious Place where our dear Saviour is. Our great unfruitfulness in the knowledge of Christ may justly make thee deny thy gracious Influences: But, O God of all Grace, Pardon us and make us better, by the Blood of thy Son interceding for us, and the Power of thy Spirit working in us. Quick-
en

en our Souls to hear thy Word with greater Re-
 vrence; to sing thy Praises with greater Chearful-
 ness; to pray to thee with more earnest Affection
 to approach thy Holy Table with the deepest Hu-
 mility and Devotion, and to receive the renewed
 Pledges of thy Love, to our great increase in Faith
 Hope and Love, to Thee and to all the World
 that so this may be a good day to our Souls, and
 may be disposed and enabled to spend the rest of our
 Days better, as becomes the Redeemed of the
 Lord, who have tasted how gracious he is, and
 who have received the Earnest of Eternal Life.
 that our Conversation may be in Heaven, by ex-
 ercising Purity, Righteousness, Mercy and Godliness.
 That we studying to Glorify thee our Heavenly Fa-
 ther; by bearing much of this good Fruit, may
 have the more assured hope, that thou wilt glorify
 us with thy self. Hear us we beseech thee, O most
 Merciful Father; and after we have perfected our
 Godliness here in thy fear, bring us to compleat
 Praises and Thanksgivings to thee in the great As-
 sembly of the Saints, through Jesus Christ our Ble-
 ssed Lord and Saviour. To whom be Glory be
 now and for ever. *Amen.*

A Prayer after the Communion.

O Eternally Blessed Lord God, Creator of all
 the World; who art infinitely happy in the enjoy-
 ment of thy own Perfections, to whom we cannot
 make thee the least addition by the best of our Ser-
 vices. Thou, Lord, didst form us in our Mothers
 Womb, and by a greater Mercy we are born again
 and made thy Children in Christ Jesus. We thank
 thee for the knowledge of thy Holy Gospel, which
 in we read of the great Love of our Saviour in Dy-

us, and the promise of his Spirit to Sanctifie and
 govern us; his Holy Précepts for the Rule of our
 Actions, his Glorious Example to incite us, and the
 hope of Eternal bliss by his Resurrection, to encour-
 age us in well-doing. In the mean time we enjoy
 the Society of thy Saints, the Ministry of thy
 Angels, and the assistance of thy faithful Servants,
 Embassadors of Peace and Reconciliation with
 thee. All which fruits of thy wonderful Love we
 long enjoy'd; and thou hast this day enter-
 ed us at thy Table; where thou hast refreshed
 with the Communion of the Body and Blood of
 Christ Jesus, the Earnest of a blessed Resurrection,
 the Pledge of Immortality: besides innumerable
 other good things which thy Mercy has bestowed
 on our Bodies in order to comfort and refresh us
 in this Life. Give us a due sense of all thy Mercies,
 that so by a renewed acknowledgment thereof, we
 may be stirred up to all good Works. O that the
 Lord Jesus may be alway in our Thoughts; that
 nothing may be so dear unto us in this World, as
 thy Holiness, his Humility, his Goodness, Charity,
 meekness and Patience. Fix our Affections more
 steadfastly on that Glory wherewith he is Crowned,
 his Obedient suffering of Death, that we may ne-
 ver be weary nor faint in well-doing; but continu-
 Faithful to Death, may also receive the Crown
 of Life. We beseech thee to accept of this our
 unclean Duty, pity our Weaknesses, pardon all
 our Sins and Negligences, and deny us not the
 assistance of thy Spirit to enable us to amend our Lives,
 for Jesus Christ his sake, our Saviour and most pre-
 cious Redeemer, in whose most Holy words we
 now pray; *Our Father, &c.*

*A Prayer in Private for the Lord's Day, before
Morning Service.*

O Most glorious Creator of the World, and merciful Redeemer of Mankind; who art above all our Thoughts, and excellest the Praises of Angels. Thou art greatly to be feared in the Assembly of thy Saints, and to be had in reverence of all those who are about thee. I most humbly desire leave to unite my self with those holy ones, to express the sense I have of all thy Mercies, and to make thee the best Oblation I am able, by devoting myself entirely to thy Obedience.

Since thou hast graciously inclin'd me to enter thy House, and there to set forth thy Praise, to declare thy Goodness, to resign my self to thy Will, to recommend my self to thy Wisdom, to submit to thy Government, to approve the Justice of thy Law, to profess my self thy servant, to renounce all my Enemies, and to testify my Resolution of following thee, against all the Temptations of the World, of the Flesh, and the Devil. Be pleased, Good Lord, pardon my former Failings, and at this present to accept my Holy Intentions; and so inspire me that I may carefully perform all these acts of Devotion.

Instruct me in my Duty, that I may correct and amend what is amiss; Encourage and Strengthen me in my Resolutions of Well-doing. Increase my love to thee and my Blessed Saviour, to thy Holy Will, and all Holy Duties, and to all Mankind. Preserve me in Wisdom, Holiness and Goodness, by all thy Instructions, Mercies and Chastisements: by all thy Prayers, Praises and Thanksgivings, to thee the Father of Mercies; make me such as thou canst Love and Delight in, and Reward at the Great Day of our Lord Jesus, *Amen.*

A Prayer for Sunday Morning.

A Almighty and Eternal God, we thy Creatur-
 are here prostrate before thee, acknowledg-
 our dependance upon thee, offering our Souls
 and Bodies as an Oblation to thy Service. We are
 unworthy to speak to thy Majesty, nor can our
 words add any thing to thy Clory; But since thou
 art pleas'd in thine infinite Goodness not only to ad-
 dress us, but invite our Address unto thee, we most
 humbly and thankfully receive this thy Grace and
 favour towards us.

We laud and Magnifie thy Holy Name, which
 the World proclaims with the highest Praises;
 but above all, we acknowledge thy inestimable Be-
 nefits bestow'd upon Mankind in Christ Jesus, the
 Son of thy Love, whom thou wert pleas'd to send
 among us in our own likeness, to assure us of thy
 good will, to instruct us in our Duty, and to give
 us hope of immortal Life, by patient continuance in
 well-doing.

We commemorate with all Thankfulness his mi-
 raculous Birth, his holy Life, his bitter Agony and
 bloody Death, his glorious Resurrection and Ascen-
 sion, his Triumph over the Powers of Darknels,
 his Dominion over Angels, whom thou hast subject-
 ed to him. O God, how great was thy Love to
 Mankind, not only in passing by such innumerable
 offences whereby we had provoked thee, but in
 honouring our mortal Nature with so high a Glory.
 O thy immense Love in chusing us to be thy Sons
 and Heirs together with Christ Jesus; to send the
 Holy Ghost to attest our Saviour's Resurrection,
 and to make us abound in hope one day to be rais'd
 again, and keep a perpetual Rest with our Lord and
 Father in his Eternal Glory.

O that we could begin in it this day in Devout Meditations of these things. Lift up our Minds we pray thee this Morning, above all these little things here below, which Distract our Thoughts from that Heavenly Bliss: Let us seriously contemplate on it, till we be in Love with it and resolve to seek it in those ways wherein Jesus hath gone before us, who with the loss of all we possess. It is but meet we should resign our will to thine, especially since thy Love has been so great, that if we had been innocent, we durst not presume to have expected.

We are ashamed, O Lord, that we have disobeyed thee to whom we stand so deeply indebted: It grieves us that we have transgressed thy righteous Laws: We abhor the breaking them any more, beseeching not only thy gracious Pardon, but thy Acceptance of our entire Resolution to agree with thy Will in all things for the time to come. We here solemnly dedicate all the Powers of our Souls and Bodies to thy Service, desiring unfeignedly that all the Thoughts, Affections and Actions of our Lives may be holy and unreprouable in thy Sight.

To which end grant us the Assistance of thy good Spirit, which our Lord hath encouraged us thou wilt give to those that earnestly ask and seek it. O let thy mercy be upon us according to thy Word. Fill us with awful and reverend Thoughts of Thee as our Judge; settle in us an immutable Love to thee, and the highest esteem of thy Grace, as better than Life it self; that so we may study to approve our Hearts and Actions to thee.

Make it our delight to praise thee, to call to mind thy Loving-kindness, to offer to thee the Sacrifice of Thanksgiving, and to meditate on thy precious Promises.

Accept, good Lord, of all the Praises and Acknowledgments of all thy People met this day according

ording to thy Will; and assist us to render thee
 all more affectionate Praises, in that most holy As-
 sembly to which we are going to joyn our selves:
 that thy ways be known upon Earth, and thy saving
 health among all Nations. Hear us, O Lord, and make
 thy Face to shine upon us, that we may enter into
 thy Gates with Thanksgiving, and into thy Courts
 with Praise, that we may be thankful unto thee,
 and bleis thy Name: For the Lord is good, his Mer-
 cy is everlasting; and his Truth endureth to all Ge-
 nerations, *Amen and Amen.* Our Father, &c.

A Prayer for Sunday Evening.

O Most Blessed God, the Father of all Mercies;
 Thou renewest thy favours continually unto us,
 which this is not the least, that thou givest us
 leave to come into thy Presence, and make known
 our Requests unto thee, by Prayer and Supplicati-
 on with Thanksgiving. We acknowledge, O Lord,
 with Thankfulness thy loving-kindness to us, and
 we here again prostrate before thee this Evening
 acknowledge thy Goodness in making us such ex-
 cellent Creatures, capable to know and love thee,
 and of being made eternally happy with thee.
 Blessed be thy Name, that we are still alive, and
 that we have lived thus long in Health and Plenty;
 whereas our Eyes might have been consumed with
 grief, and our Bones sore vexed. We are bound to thee
 for the free use of our Understandings, for the good
 inclinations in our Wills, for our devout Affections,
 for all the advantages we have had by our Educa-
 tion and holy Examples; more especially for the
 illuminations of the Holy Ghost, the importunities
 thou hast used to draw us to thee, and the precious
 promises whereby thy love in Christ constrains to an-
 swer obedience to thy Precepts,

We

We admire thy Goodness to all thy Creatures Thoudiffusest thy Blessings in several streams to every one according to their Needs ; and continuest them even to those who by their abundant Provocations daily offend thee.

O that all thy undeserved Goodness may have this effect upon us, to make us heartily love thee and devoutly Worship thee, and hope in thee for ever : That by a careful improvement of the knowledge of thee our God, and of our Lord Jesus Christ by whom thou hast given us all things to pertain unto Life, we may still enjoy this inestimable Treasure, and that thy love may at last be finished in those eternal Joys he hath promised to the Faithful. And as we have been taught this Day out of thy Holy Word, and publicly acknowledg'd our Obligations to thee, and made profession of our love and gratitude to thy Divine Majesty ; so help us this Week following openly to testify the truth of our Hearts, in a blameless Conversation, in all Humility, Meekness, Peace and Charity, with them that call on the Name of the Lord.

O that all our Friends may be thine ; and if we have any Enemies, Father, forgive them. Comfort the sick and needy, and all other distressed Persons with an immovable belief of thy wise and good Providence, to which give them Grace patiently and obediently to resign themselves. And when our Senses this Night shall be bound up with Sleep, O thou, O Lord, our Keeper, and after the Refreshment of that Repose ; and this Holy Rest from our Labours, raise us in the Morning with chearful Minds to return to them ; praising thy multiplied Mercies to us in Christ Jesus, whom we present our selves and Petitions to thee saying as he hath taught us, *Our Father, &c.*



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